

**ALWAYS BEST CARE SENIOR SERVICES
NETWORK TELEVISION ADVERTISING SCHEDULE**

	Week of: 12/1/2014							
THE COOKING CHANNEL	MON	TUE	WED	THU	FRI	SAT	SUN	TOTALS
6am - 12pm		3			3		1	7
12pm - 6pm			3				1	4
6pm - 12am	2			3		2	1	8
TOTAL	2	3	3	3	3	2	2	19

	Week of: 12/1/2014							
HALLMARK CHANNEL	MON	TUE	WED	THU	FRI	SAT	SUN	TOTALS
6am - 12pm				1		1		2
12pm - 6pm	1							1
6pm - 12am		1						1
TOTAL	1	1	0	1	0	1	0	4

	Week of: 12/1/2014							
OPRAH WINFREY NETWORK	MON	TUE	WED	THU	FRI	SAT	SUN	TOTALS
6am - 12pm			1		1	1		3
12pm - 6pm	1	1	1	1	1	1	1	7
6pm - 12am	1	1	1	1	1	1	1	7
TOTAL	2	2	3	2	3	3	2	17